

Chapter Six

Freedom? Or Disaster at the Red Sea?



WITH GROWING EXCITEMENT, we imagine God's chosen nation leaving their homes, delivered from their life of slavery to the Egyptians. We wonder at so many millions of men, women and children and their livestock travelling as one group through the landscape. This Man leads us onward in the footsteps of the exodus journey to freedom -a journey that leads from Egypt's borders to the promised land of Canaan, *a land flowing with milk and honey. Exodus 3: 17*

This Man continues:

"Slowly but surely at a gentle pace for the welfare of the young and the old, the great procession of people venture forth in one motion of liberating life. Egypt's architectural wonders erected by the Hebrews' toiling hands recede into the distance, then like a desert mirage shimmering in the heat all vanishes from their sight forever.

Yet still the mental anguish of bitter enslavement lingers in the minds of many, the exhausting years of hard labour have sapped the nation's health, only to be healed over time by God's inflowing restoring power."

Longing for God's restoring power to enter our own lives, we too venture forth with the exodus movement blending into the stream of people stretched out in orderly file mile after mile. With a breeze of welcoming relief the charged atmosphere of freedom envelops our own lives with an inflowing peace. Ascending around us, the bleating of livestock and joyful chatter between family and friends drifts over the wilderness landscape heralding a new way of life for all. Yes indeed, an exodus journey of renewing life like no other, manifesting God's benevolent love for each humble receptive soul.

With a quiver of awe, we realise that we too are on an exodus journey in all fullness of spiritual life, as in these last days of earth's history we press toward the promised land of heaven. Where at last, safely settled in the heavenly Canaan flowing with all of God's goodness we shall receive complete freedom from this sinful world, held in bondage by Satan's evil power. And so with this promise of buoyant hope surging through our being This Man continues to unfold Israel's exodus journey recorded in the ancient biblical narrative.

"...the children of Israel journeyed from Rameses to Succoth, about six hundred thousand men on foot, besides children. A mixed multitude went up with them also, and flocks and herds—a great deal of livestock. Exodus 12: 37-38

Six hundred thousand men, then perhaps six hundred thousand women, then perhaps well

over six hundred thousand children and then *a mixed multitude also*, comprising Egyptian nationality and heritage; surely an estimated total mass of at least two to three million people, a population making a nation, all venturing together on a nomadic journey, all sheltering in one encampment, resembling a tent city. A staggering sight to behold; a staggering thought for the human mind to comprehend. But a living reality empowered and governed by God's all sustaining love for His people's freedom.

Then it came to pass, when Pharaoh had let the people go, that God did not lead them by way of the land of the Philistines, although that was near; for God said, "Lest perhaps the people change their minds when they see war, and return to Egypt." So God led the people around by way of the wilderness of the Red Sea. And the children of Israel went up in orderly ranks out of the land of Egypt. And Moses took the bones of Joseph with him, for he had placed the children of Israel under solemn oath, saying, 'God will surely visit you, and you shall carry up my bones from here with you.' So they took their journey from Succoth and camped in Etham at the edge of the wilderness. And the LORD went before them by day in a pillar of cloud to lead the way, and by night in a pillar of fire to give them light, so as to go by day and night. He did not take away the pillar of cloud by day or the pillar of fire by night from before the people. Exodus 13:17-22

And so with His protecting presence in fire and cloud, giving light by night and an umbrella of shade by day, the Son of God leads the Israelites through the scorching wilderness.

Meanwhile back in Egypt, recovering from the judgment plague of death, Pharaoh and his pagan priesthood are having second thoughts about freeing the Israelites and so with urgency Pharaoh marshals his army to recapture the fleeing host.

Now it was told the king of Egypt that the people had fled, and the heart of Pharaoh and his servants was turned against the people; and they said, 'Why have we done this, that we have let Israel go from serving us? So he made ready his chariot and took his people with him. Exodus 14:5-6

As Pharaoh and his army begin their hot pursuit, the Israelites press onward in their journey of freedom unaware of the impending threat. Guided by the moving cloud the weary mass trudges into a narrow pass enclosed in either side by mountainous terrain. After many hours, all finally emerge from the rocky passage and begin to make their encampment upon a massive plain bordering the lapping shores of the Red Sea.

And now within this restrictive enclosure God's providential stage is fully set where He shall manifest His miraculous power of complete deliverance for his people.

'For Pharaoh will say of the children of Israel, "They are bewildered by the land; the wilderness has closed them in." Then I will harden Pharaoh's heart, so that he will pursue them; and I will gain honor over Pharaoh and over all his army, that the Egyptians may know that I am the LORD.' And they did so. Exodus 14:3-4

So the Egyptians pursued them, all the horses and chariots of Pharaoh, his horsemen and his army, and overtook them camping by the sea beside Pi Hahiroth, before Baal Zephon. And when Pharaoh drew near, the children of Israel lifted their eyes, and behold, the Egyptians marched af-

ter them. So they were very afraid, and the children of Israel cried out to the LORD. Exodus 4: 9 -10

Hemmed in by the surrounding mountains, pressed in before the Red Sea the Hebrews behold the Egyptian army bearing down upon them with deafening speed. Seeing no way of human escape, the great mass of people tremble in fear. Yet resembling a protective shield the **Son of God's presence shadowed in the cloud makes a way of deliverance for his people.**

And the Angel of God, who went before the camp of Israel, moved and went behind them; and the pillar of cloud went from before them and stood behind them. So it came between the camp of the Egyptians and the camp of Israel. Thus it was a cloud and darkness to the one, and it gave light by night to the other, so that the one did not come near the other all that night.

Then Moses stretched out his hand over the sea; and the LORD caused the sea to go back by a strong east wind all that night, and made the sea into dry land, and the waters were divided. Exodus 14:19-21

*And with the blast of Your nostrils
The waters were gathered together;
The floods stood upright like a heap;*

The depths congealed in the heart of the sea. Exodus 15:8

And so the great power of the Lord's deliverance cuts a channel through the billowing waves of the Red Sea and the waters either side stand upright, frozen, congealed in the heart of the sea. Surely beholding this miraculous wonder, hearing the strong wind churning through the waves with God's delivering power, the people themselves must have frozen with awe.

But stirring the stunned mass into action, Moses' commanding voice trumpets over the fire lit plain urging the people with their live stock to press forward into the open path stretching from shore to shore.

And Moses said to the people, 'Do not be afraid. Stand still, and see the salvation of the LORD, which He will accomplish for you today. For the Egyptians whom you see today, you shall see again no more forever. The LORD will fight for you, and you shall hold your peace.'

And the LORD said to Moses, 'Why do you cry to Me? Tell the children of Israel to go forward.' Exodus 14: 13-14

So the children of Israel went into the midst of the sea on the dry ground, and the waters were a wall to them on their right hand and on their left. And the Egyptians pursued and went after them into the midst of the sea, all Pharaoh's horses, his chariots, and his horsemen. Now it came to pass, in the morning watch, that the LORD looked down upon the army of the Egyptians through the pillar of fire and cloud, and He troubled the army of the Egyptians. And He took off their chariot wheels, so that they drove them with difficulty; and the Egyptians said, 'Let us flee from the face of Israel, for the LORD fights for them against the Egyptians.'

Then the LORD said to Moses, 'Stretch out your hand over the sea, that the waters may come back upon the Egyptians, on their chariots, and on their horsemen.' And Moses stretched out his

hand over the sea; and when the morning appeared, the sea returned to its full depth, while the Egyptians were fleeing into it. So the LORD overthrew the Egyptians in the midst of the sea. Then the waters returned and covered the chariots, the horsemen, and all the army of Pharaoh that came into the sea after them. Not so much as one of them remained. But the children of Israel had walked on dry land in the midst of the sea, and the waters were a wall to them on their right hand and on their left.

So the LORD saved Israel that day out of the hand of the Egyptians, and Israel saw the Egyptians dead on the seashore. Thus Israel saw the great work which the LORD had done in Egypt; so the people feared the LORD, and believed the LORD and His servant Moses. Exodus 14: 22-31”

And now as we stand before the lapping shores of the Red Sea in our day we face our own test of belief, whether or not we will believe *the LORD and His servant Moses*, like the Hebrew people of old. For you see as we peer into the depths of the billowing waters where the miraculous crossing took place, we are about to learn of an extraordinary discovery by the American called Ron Wyatt, sadly now deceased. It all began in the year 1988 when Ron Wyatt located the exact place of the Red Sea crossing recorded in the Bible! The very same pathway God made through the Red Sea from shore to opposite shore to deliver His Hebrew people.

Inspired to search for physical evidence of this biblical event Ron Wyatt and his sons travelled from their homeland to the Red Sea. There they made a exploratory dive into the depths of the Red Sea. **And there in the Egyptians’ watery grave they found four spoke, six spoke and eight spoke chariot wheels along with their axles, now encrusted with coral over times of millennium.**

One of Wyatt’s outstanding finds was a chariot wheel made of gold. Perhaps this prestigious wheel made of gold belonged to Pharaohs royal chariot? Upon seeking more clarification of the Red Sea relics, Ron Wyatt made contact with an antiquity historian and was told that the four spoke, six spoke and eight spoke chariot wheels belonged solely to the eightieth dynasty of the Egyptian Pharaohs. Yes, this was the very same time period of the Israelites’ exodus journey from Egyptian bondage, crossing through the waters of the Red Sea recorded in the Bible.

And so for more detail to this amazing event please search for the Ron Wyatt family web-site for yourself and receive overwhelming evidence about the discovery of the Egyptian artifacts preserved in the watery depths of the Red Sea.

...the LORD looked down upon the army of the Egyptians through the pillar of fire and cloud, and He troubled the army of the Egyptians. And He took off their chariot wheels, so that they drove them with difficulty Exodus 14: 24-25

Once again historic events recorded in the Bible are proven literally true beyond the skeptics’ doubt and all atheistic unbelief.

TRENGTH for LIFE

8 Tips to Sunlight Success

Tip #1: Your body is so marvellously created, that Vitamin D production will automatically STOP when enough has been absorbed for production! This may be in 15-30 minutes for some people or much longer for others (see Tip #2). You won't sense that you have enough sunlight to produce Vitamin D, but read Rule #2, to learn how you CAN use your senses to know you have had enough sun.

Stretch your brain: Some sources say the “average healthy person” with large parts of their body exposed (legs, arms, back, torso) will produce 15,000- 20,000 international units per day during high summer (remember Vitamin D is not measured in milligrams but in units).¹ If the average healthy person manufactures 15,000-20,000 units of vitamin D per summer day from soaking up the UVB sunlight, and then the average healthy body STOPS producing Vitamin D, we could ask the question: “Why are only 600 international units of Vitamin D recommended by government health authorities?” We are only asking the question.

Tip #2: You can use your eyes to know you have had enough sun exposure. That moment is when you notice your skin has turned a pale pink. If you are untanned, this may occur in a few minutes in full sun, when you first start to expose your body to sunlight. If you are one of the lucky people of the earth with darker coloured skin, this pink point might be a little bit harder to notice, but you will notice a change. And lucky again, you can bask in the sun up to six times longer than your pale skinned human brothers and sisters.²

Stretch your Brain: Melanin is the substance that is produced when any human being is exposed to sunlight. Melanin is a substance in the epidermis (outside layers of skin) but is produced from cells at the deepest layer of the skin. These cells are called melanocytes. There are two kinds of melanin produced in human skin *eumelanin* – mostly brown or black and *pheomelanin* – mostly red or yellow pigments.³ Skin is not the only place melanin is to be found. Grey hair is thought to be from a reduction of

melanin in the follicles of the hair, there is melanin in the inner ear, melanin in the pituitary gland, and all mammals have melanin in their central nervous systems. **There is more exciting news to share about melanin, but that's another story for another day.**

Tip #3: Your skin cannot produce Vitamin D, unless the sun is strong enough, or hits the skin at the “right” angle. **Sound confusing? Well, here's an easy Tip: Use the “Shadow Trick” to know if the sun's rays are at an angle to enable your body to use them for vitamin D production.** Stand outside around noon. Is your shadow longer than your height? If your shadow is longer than your height, your body is NOT able to **use the sun's rays to produce much, if any vitamin D**.⁴

Stretch your Brain: Experts who have been studying Vitamin D say that winter sunbathing around noon will allow your body to produce Vitamin D. Try and stay out of the wind, to reduce the chilling! Interestingly, as the sun goes down in the afternoons, the UVB rays which are absorbed for Vitamin D manufacture are shielded. But the more dangerous UVA rays are stronger later in the day.⁵

Tip #4: Sunscreen will STOP manufacture of Vitamin D by your body. So, once your skin is the palest pink apply your very carefully selected sunscreen, which contains no carcinogenic or toxic chemicals.

Stretch your Brain: Sunscreen creams, lotions and sprays are big business. These products can block out UVB rays (the ones which burn AND the ones which can be used for Vitamin D production, and also the UVA rays which penetrate more deeply into the skin causing deeper damage. When the product blocks out both UVB and UVA, it is said to be “Broad Spectrum”. **Sadly, most sunscreens are not tested for danger to the skin, or the “cocktail” effect of the ingredients on the skin when exposed to sunlight.** Do your research.⁶

While we are constantly told that any kind of sunscreen is better than sun exposure, the data shows differently. How long have you, or someone you know been slapping on sunscreen? For instance, in the US, in spite of public health education to wear **sunscreen since the 1980's, there was a 77% increase in diagnosis of non-melanoma cancers between 1994 and 2014.** For melanomas, in the past decade 2010-2020 diagnoses of melanoma have increased by 47%.⁷

A newspaper article explaining the findings of a study, reported that 360 times more toxic chemicals than allowed by the Food and Drug Administration (FDA) leached into the bloodstream, raising risks for liver and kidney failure.⁸ Ingredients from sunscreens have been found in breast milk, showing that the skin does indeed absorb ingredients in lotions or creams applied to the skin, and the common sunscreen ingredient **Benzophenone 3 found in pregnant mother's urine was found to have influenced the size of the baby's head and the baby's weight at birth.**⁹ There *are* safer sunscreens available, so read the references and choose wisely?¹⁰

Tip # 5: Covering up with clothes will STOP manufacture of Vitamin D by your body. So as soon as your skin turns the palest pink, indulge in some soft, light covering up clothes and a comfortable hat. Many skins, but not all, will gradually tan, and some even reach the point of not burning. I have heard and read that diet can influence this. See Tip #8.

Tip # 6: Do your best to overcome mind habits of slathering on moisturisers before going out in the sun. Honestly, there are tens of thousands of chemical cosmetic ingredients out there, and very few have been tested to see what happens to human skin when exposed to the sun.¹¹

Tip # 7: High quality essential oils are great for using sparingly for healing and wellbeing **BUT specific essential oils can cause phototoxicity, meaning some people's skin** might have a reaction if they have essential oil on their skin and go out in the sun. Do your research.¹²

Tip # 8: Believe it or not, a diet high in poor quality polyunsaturated fats (also known as **PUFA's**) **extracted from seeds such as soy beans, corn, sunflower seed, safflower seed** can raise the risk for all three types of skin cancer (Squamous, Basal Cell and Melanoma).¹³

Stretch your Brain: This is a highly controversial area of research, as so called **"vegetable oils" have been promoted as healthier for preventing heart disease for** about 50 years. I suspect there is much more to this story. For example, how much of these PUFA oils are eaten – PUFAs are a main ingredient in processed foods such as

biscuits, cookies, cakes, breads, savoury crisps and crackers, as well as fast foods and restaurant foods; The way the seeds are grown with herbicides and pesticides used on the soil and sprayed on crops; The toxic methods used to extract the oils from the seeds. Not all oils are created equal!¹⁴ Choose wisely.

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